

## LLANDYFAELOG NEED HELP?

## Hello! If you are self-isolating, we can help!

Due to the situation regarding COVID-19, we have come together to aid the elderly and vulnerable in our community, at this unprecedented time.

If you are self-isolating, we can help with picking up shopping, a friendly phone call, posting mail and urgent supplies.

Just call or text one of us and we will do our best to help you (for free!) SIOPA BWYD / FOOD SHOPPING

CASGLU MEDDYGYNIAETH COLLECTING MEDICATION

SGWRS AR Y FFO TELEPHONE CONVERSATION

UNRHYW FATER ARALL / ANY OTH MATTER

Call us!

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